

## Getting to know your Tiny Twinkler

### Eating Habits:

Formula      OR      Breast Milk      Oz. Per Feeding: \_\_\_\_\_

Is your child on any sort of eating schedule? Is there a predictable amount of time between feedings? Please explain any eating habits that you and your baby have developed up to now:

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### Sleeping Habits:

Do you nurse or feed your baby to sleep or do you follow the Eat/Wake/Sleep Schedule? Have you established a predictable napping schedule for your child or have you created a routine for nap time? Please explain your approach and provide any requests that you wish for us to follow:

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Please provide additional information that you would like for us to know about your parenting style or the temperament, likes and dislikes of your child so that we can offer the best care possible:

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